

# DISASTER SUPPLY KIT CHECKLIST

A Family Disaster Supply Kit is essential in planning for a disaster. Your Disaster Supply Kit should include the items previously discussed and these additional items.

- ☐ Water (1 gallon per person per day for 7 days)
- ☐ Non-perishable food
- ☐ Sterile gauze pads
- ☐ Flashlight and batteries
- ☐ NOAA weather radio
- ☐ First aid kit
- ☐ At least two weeks supply of medication, medical supplies used regularly and a list of allergies
- ☐ Information about where you receive medication, the name of the drug, and dosage
- ☐ Medical records and primary care physician contact information
- ☐ List of the style, serial number, and manufacturer information of needed medical devices
- ☐ Service animal I.D., veterinary records, and proof of ownership
- ☐ Supplies for your service animal

- ☐ Special needs items  
*Be sure to include specialty items for infants, small children, the elderly, and those family members with a disability.*

- ☐ Clothing  
*Include seasonal or rain gear and sturdy shoes or boots.*

- ☐ Vehicle  
*Keep your motor vehicle tanks filled with gasoline*

## First Aid Kit

- ☐ First Aid Manual
- ☐ Sterile adhesive bandages of different sizes
- ☐ Sterile gauze pads
- ☐ Hypoallergenic adhesive tape
- ☐ Triangular bandages
- ☐ Scissors
- ☐ Tweezers
- ☐ Sewing needle
- ☐ Moistened towelettes
- ☐ Antiseptic
- ☐ Thermometer
- ☐ Tube of petroleum jelly
- ☐ Safety pins
- ☐ Soap
- ☐ Latex gloves
- ☐ Sunscreen
- ☐ Aspirin or other pain reliever
- ☐ Anti-diarrhea medicine
- ☐ Antacid
- ☐ Laxative
- ☐ Activated charcoal

- ☐ Food  
*Enough for at least up to seven (7) days, non-perishable packaged or canned food and beverages, snack foods, juices, baby food, and any special dietary needs.*

- ☐ Non-electric can opener
- ☐ Paper plates
- ☐ Napkins
- ☐ Plastic cups
- ☐ Utensils

- ☐ Flashlight  
*Do not use candles and be sure to have enough batteries.*

- ☐ Radio  
*Battery operated or hand cranked radio, a NOAA weather radio*

- ☐ Cash  
*Banks and ATMs may not be available after a storm.*

## Important Documents

- ☐ Insurance cards
  - ☐ Medical records
  - ☐ Bank numbers
  - ☐ Credit card numbers
  - ☐ Copy of social security card
  - ☐ Copies of birth and/or marriage certificates
  - ☐ Other personal documents
  - ☐ Set of car, house, and office keys
- Items should be kept in a water proof container*

- ☐ Important phone numbers  
*Maintain a list of important phone numbers including county emergency management office, evacuation sites, doctors, banks, schools, veterinarian, and a number for out of town contact.*

## Pet care items

- ☐ Pet food and water
- ☐ Proper identification
- ☐ Medical records
- ☐ A carrier or cage
- ☐ Muzzle and leash
- ☐ Water and food bowls
- ☐ Medications



Planning ahead can protect more than your property - it can help save lives. That is why I put together this Hurricane Safety Checklist with items that may already be in your home. Although this is a general hurricane kit list, you should keep in mind any of your family's particular needs as you prepare. - **Senator Ken LaValle**

## PREPAREDNESS CHECKLIST

### HOUSEHOLD PREPAREDNESS CHECKLIST

*Recommended Supplies to Include in a Basic Kit*

- ☐ Bottled water 3-5 day supply  
(1-3 gallons per person per day)
- ☐ Nonperishable food  
(3-5 day supply, replace every six months)
- ☐ Battery-powered radio or television and extra batteries
- ☐ First aid kit
- ☐ Whistle to signal for help
- ☐ Moist towelettes or baby wipes
- ☐ Toiletries and personal hygiene products
- ☐ Manual can opener
- ☐ Plastic sheeting and duct tape for shelter
- ☐ Unique family needs, such as daily prescription medications, infant formula, diapers and important family documents, such as insurance policies
- ☐ Wooden kitchen matches in a plastic container

### OTHER GENERAL ITEMS TO KEEP HANDY IN THE HOUSE DURING HURRICANE SEASON

- ☐ Camera and film to record damage
- ☐ Cash (ATMs may not work)
- ☐ Charcoal for grill, lighter fluid or full tank of propane for gas grills  
(for outdoor use only)
- ☐ Extra cell phone battery (charged)
- ☐ Garbage bags
- ☐ Lantern
- ☐ Sturdy rubber boots for floods
- ☐ Fire extinguisher
- ☐ Special items for the elderly
- ☐ Toilet tissue and paper towels
- ☐ Work gloves

### MISC.

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### BABY & CHILDREN'S NEEDS

- ☐ Baby formula and nonperishable foods
- ☐ Toys (non-battery)
- ☐ Diapers and diaper rash cream
- ☐ Medications

### DOCUMENTATION

*All documents should be stored in waterproof and portable containers*

- ☐ Emergency contact information
- ☐ Copies of homeowners, auto and life insurance policies
- ☐ Inventory list of property
- ☐ Photo ID and proof of residence
- ☐ Bank and credit card information
- ☐ Social Security card, wills, deeds, birth and marriage certificates

### PET NEEDS

- ☐ Pet carrier/cage with toy
- ☐ Food and water
- ☐ Leash/harness with ID tag

### Pet Emergency Evacuation Tips

*Pets are currently not allowed in shelters*

- ☐ Plan ahead by calling hotels and motels outside of your immediate area to see if they accept pets.
- ☐ Ask friends and relatives who are out of the evacuation area if they could shelter your pet.
- ☐ Prepare a list of boarding facilities, veterinarians or animal shelters that provide emergency shelters.

If you must evacuate, the best way to protect your pets is to evacuate them too - do not leave them behind where they can be injured or lost!

For more information about how to protect your pets in the event of a hurricane, you can contact the Pet Safe Coalition at **516-404-5513**, the Suffolk County Office of Emergency Management at **631-852-4900** or the American Red Cross at **631-924-6700**.