

Planning ahead can protect more than your property - it can help save lives. That is why I put together this Hurricane Safety Checklist with items that may already be in your home. Although this is a general hurricane kit list, you should keep in mind any of your family's particular needs as you prepare. - **Senator Ken LaValle**

PREPAREDNESS CHECKLIST

HOUSEHOLD PREPAREDNESS CHECKLIST

Recommended Supplies to Include in a Basic Kit

- Bottled water 3-5 day supply
(1-3 gallons per person per day)
- Nonperishable food
(3-5 day supply, replace every six months)
- Battery-powered radio or television and extra batteries
- First aid kit
- Whistle to signal for help
- Moist towelettes or baby wipes
- Toiletries and personal hygiene products
- Manual can opener
- Plastic sheeting and duct tape for shelter
- Unique family needs, such as daily prescription medications, infant formula, diapers and important family documents, such as insurance policies
- Wooden kitchen matches in a plastic container

OTHER GENERAL ITEMS TO KEEP HANDY IN THE HOUSE DURING HURRICANE SEASON

- Camera and film to record damage
- Cash (ATMs may not work)
- Charcoal for grill, lighter fluid or full tank of propane for gas grills
(for outdoor use only)
- Extra cell phone battery (charged)
- Garbage bags
- Lantern
- Sturdy rubber boots for floods
- Fire extinguisher
- Special items for the elderly
- Toilet tissue and paper towels
- Work gloves

MISC.

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BABY & CHILDREN'S NEEDS

- Baby formula and nonperishable foods
- Toys (non-battery)
- Diapers and diaper rash cream
- Medications

DOCUMENTATION

All documents should be stored in waterproof and portable containers

- Emergency contact information
- Copies of homeowners, auto and life insurance policies
- Inventory list of property
- Photo ID and proof of residence
- Bank and credit card information
- Social Security card, wills, deeds, birth and marriage certificates

PET NEEDS

- Pet carrier/cage with toy
- Food and water
- Leash/harness with ID tag

Pet Emergency Evacuation Tips

Pets are currently not allowed in shelters

- Plan ahead by calling hotels and motels outside of your immediate area to see if they accept pets.
- Ask friends and relatives who are out of the evacuation area if they could shelter your pet.
- Prepare a list of boarding facilities, veterinarians or animal shelters that provide emergency shelters.

If you must evacuate, the best way to protect your pets is to evacuate them too - do not leave them behind where they can be injured or lost!

For more information about how to protect your pets in the event of a hurricane, you can contact the Pet Safe Coalition at **516-404-5513**, the Suffolk County Office of Emergency Management at **631-852-4900** or the American Red Cross at **631-924-6700**.

DISASTER SUPPLY KIT CHECKLIST

A Family Disaster Supply Kit is essential in planning for a disaster. Your Disaster Supply Kit should include the items previously discussed and these additional items.

- Water (1 gallon per person per day for 7 days)
- Non-perishable food
- Sterile gauze pads
- Flashlight and batteries
- NOAA weather radio
- First aid kit
- At least two weeks supply of medication, medical supplies used regularly and a list of allergies
- Information about where you receive medication, the name of the drug, and dosage
- Medical records and primary care physician contact information
- List of the style, serial number, and manufacturer information of needed medical devices
- Service animal I.D., veterinary records, and proof of ownership
- Supplies for your service animal

- Special needs items
Be sure to include specialty items for infants, small children, the elderly, and those family members with a disability.

- Clothing
Include seasonal or rain gear and sturdy shoes or boots.

- Vehicle
Keep your motor vehicle tanks filled with gasoline

First Aid Kit

- First Aid Manual
- Sterile adhesive bandages of different sizes
- Sterile gauze pads
- Hypoallergenic adhesive tape
- Triangular bandages
- Scissors
- Tweezers
- Sewing needle
- Moistened towelettes
- Antiseptic
- Thermometer
- Tube of petroleum jelly
- Safety pins
- Soap
- Latex gloves
- Sunscreen
- Aspirin or other pain reliever
- Anti-diarrhea medicine
- Antacid
- Laxative
- Activated charcoal

- Food
Enough for at least up to seven (7) days, non-perishable packaged or canned food and beverages, snack foods, juices, baby food, and any special dietary needs.

- Non-electric can opener
- Paper plates
- Napkins
- Plastic cups
- Utensils

- Flashlight
Do not use candles and be sure to have enough batteries.

- Radio
Battery operated or hand cranked radio, a NOAA weather radio

- Cash
Banks and ATMs may not be available after a storm.

Important Documents

- Insurance cards
- Medical records
- Bank numbers
- Credit card numbers
- Copy of social security card
- Copies of birth and/or marriage certificates
- Other personal documents
- Set of car, house, and office keys

Items should be kept in a water proof container

- Important phone numbers
Maintain a list of important phone numbers including county emergency management office, evacuation sites, doctors, banks, schools, veterinarian, and a number for out of town contact.

Pet care items

- Pet food and water
- Proper identification
- Medical records
- A carrier or cage
- Muzzle and leash
- Water and food bowls
- Medications

